ANTIOXIDANT ACTIVITY OF HERBAL POLYSACCHARIDES AND COUGH REFLEX

G. Nosalova¹, L. Jurecek¹, Z. Hromadkova², Z. Kostalova², <u>V. Sadlonova</u>¹

The extraction of *Fallopia sachalinensis* leaves resulted in two fractions (FS-1 and FS-2). Chemical and spectral analyses of samples revealed the prevalence of pectic polysaccharides with high galacturonic acid, arabinose, galactose and rhamnose content. Arabinogalactan with higher content of phenolic prevailed in FS-1, whereas rhamnogalacturonan predominated in FS-2 fraction. Both polysaccharides showed significant antioxidant activity according to DPPH and FRAP assays. Evaluation of antitussive activity in healthy adult male awaken guinea pigs after oral application of 50 and 75 mg.kg⁻¹ body weight showed significant suppression of cough reflex, without impact on specific airways resistance. The suppression of cough after application of sample FS-2 was found to be comparable with codeine.

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¹Department of Pharmacology, Jessenius Faculty of Medicine, Comenius University, Sklabinska street 26, 036 01 Martin, Slovakia, <u>vsadlonova@jfmed.uniba.sk</u>; ²Institute of Chemistry, Center for Glycomics, Slovak Academy of Sciences, Dubravska street 9, 845 38 Bratislava, Slovakia