IMPORTANCE OF GUIDELINES GOLD FOR CHRONIC OBSTRUCTIVE PULMONARY DISEASE

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In December 2011, the most extensive revision of the principles of the Global Initiative for Chronic Obstructive Lung Disease was published based on the evidence-based medicine. New guidelines assessed severity of disease by symptoms, functional disability of the lungs, risk of exacerbation and the presence of comorbidities.

The aim of guidelines GOLD 2011 was to improve prevention, timeliness of diagnosis, to assess the stage of the disease, adequately to adjust treatment and so to improve quality of life and survival of patients.

The result of summarization, the individual categories the patients can be classified into four basic groups labelled A, B, C and D.

The aim of our study was to evaluate the importance of guidelines of patients in 2008 and 2013.

We can conclude that the patients in 2013 had higher percentage of survival in all stages of the disease and higher mean age at death.