

SURVEY OF COMPLIANCE WITH VACCINATION AGAINST INFLUENZA AMONG LISTENERS OF A THIRD AGE UNIVERSITY

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Protective vaccination against influenza is one of the most beneficial methods of preventing this viral disease. The use of vaccines brings not only the health benefits but also has positive implications related to diminishing the costs of treatment, prolonged hospitalization or post-influenza complications. Promoting vaccinations against influenza among the elderly is especially important. The article concerns the perception of these vaccinations and evaluation of the general knowledge on influenza among students of University of the Third Age that operates at the Mokotów Society of the University of the Third Age in Warsaw. It aims also at assessing the potential to change opinions and decisions regarding vaccinations against influenza and widely understood influenza prevention among this target group. The research tool, apart from the scientific presentation-lecture rich in examples, was the diagnostic survey using author's questionnaire prepared for the elderly. This paper presents the results of research conducted with the questionnaire completed by people over 60 years of age. The study was conducted in the last epidemiological season in Poland. The survey involved 30 people in various age above 60 years of age and with different education. The analysis of the study shows the respondents very rarely use this form of prevention. Among the respondents those who are in favour of influenza vaccination are in the minority